



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Dr. Misch, Rudolf

Club: LTV Erfurt

Number: 223

Course: 12.00 km

Walking

Category:

Walking Männer

Total time: 1:48:25

Speed: 6.64 km/h

Running performance: 9:02 min/km

Rank in course/Total: 13 (of 13)

Rank in course/Men: 3 (of 3)

Best time in course: 1:22:05

Rank in category: 3(of 3)

Best time in the category: 1:22:05