



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Wilck, Andreas

Club: HSV Sömmerda
Number: 152

Course: 12.00 km
Hauptlauf

Category:
Männer M45

Total time: 49:25

Speed: 14.57 km/h
Running performance: 4:07 min/km

Rank in course/Total: 46 (of 147)

Rank in course/Men: 46 (of 146)

Best time in course: 37:37

Rank in category: 9(of 30)

Best time in the category: 43:14