



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Hunick, Christian

Club: Jena

Number: 282

Course: 12.00 km

Hauptlauf

Category:

Männer M45

Total time: 52:01

Speed: 13.84 km/h

Running performance: 4:20 min/km

Rank in course/Total: 62 (of 147)

Rank in course/Men: 62 (of 146)

Best time in course: 37:37

Rank in category: 15(of 30)

Best time in the category: 43:14