



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Lege, Tobias

Club: Weimar

Number: 84

Course: 12.00 km

Hauptlauf

Category:

Männer M20

Total time: 57:43

Speed: 12.47 km/h

Running performance: 4:49 min/km

Rank in course/Total: 97 (of 147)

Rank in course/Men: 97 (of 146)

Best time in course: 37:37

Rank in category: 9(of 13)

Best time in the category: 37:37