



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf  
Erfurt / 30.08.2009

Detailed evaluation

Kreyer, Gunter

Club: Nohra  
Number: 74

Course: 12.00 km  
Hauptlauf

Category:  
Männer M60

Total time: 1:00:33

Speed: 11.89 km/h  
Running performance: 5:03 min/km

Rank in course/Total: 119 (of 147)

Rank in course/Men: 119 (of 146)

Best time in course: 37:37

Rank in category: 6(of 7)

Best time in the category: 49:23