



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Baecker, Rolf

Club: SV Sömmerda
Number: 257

Course: 12.00 km
Hauptlauf

Category:
Männer M65

Total time: 1:07:13

Speed: 10.71 km/h
Running performance: 5:36 min/km

Rank in course/Total: 137 (of 147)

Rank in course/Men: 136 (of 146)

Best time in course: 37:37

Rank in category: 6(of 6)

Best time in the category: 52:17