



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf  
Erfurt / 30.08.2009

Detailed evaluation

Anders, Peter

Club: Erfurt  
Number: 285

Course: 12.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 1:07:33

Speed: 10.66 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 138 (of 147)

Rank in course/Men: 137 (of 146)

Best time in course: 37:37

Rank in category: 17(of 18)

Best time in the category: 44:28