



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Hoßfeld, Jana

Club: Winterstein

Number: 57

Course: 12.00 km

Frauenlauf

Category:

Frauen W30

Total time: 54:00

Speed: 13.33 km/h

Running performance: 4:30 min/km

Rank in course/Total: 7 (of 62)

Rank in course/Women: 7 (of 62)

Best time in course: 47:48

Rank in category: 1(of 6)

Best time in the category: 54:00