



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Kalinke, Anne

Club: Erfurt
Number: 66

Course: 12.00 km
Frauenlauf

Category:
Frauen W45

Total time: 55:13

Speed: 13.04 km/h
Running performance: 4:36 min/km

Rank in course/Total: 11 (of 62)
Rank in course/Women: 11 (of 62)
Best time in course: 47:48

Rank in category: 4(of 14)
Best time in the category: 53:19