



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Göring, Bärbel

Club: Weimar
Number: 186

Course: 12.00 km
Frauenlauf

Category:
Frauen W50

Total time: 1:00:04

Speed: 11.99 km/h
Running performance: 5:01 min/km

Rank in course/Total: 21 (of 62)
Rank in course/Women: 21 (of 62)
Best time in course: 47:48

Rank in category: 1(of 8)
Best time in the category: 1:00:04