



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Jendryan, Petra

Club: Lauffreunde-Gotha
Number: 61

Course: 12.00 km
Frauenlauf

Category:
Frauen W45

Total time: 1:02:46

Speed: 11.47 km/h
Running performance: 5:14 min/km

Rank in course/Total: 26 (of 62)
Rank in course/Women: 26 (of 62)
Best time in course: 47:48

Rank in category: 9(of 14)
Best time in the category: 53:19