



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Bahrs, Petra

Club: TSV Magdala

Number: 181

Course: 12.00 km

Frauenlauf

Category:

Frauen W35

Total time: 1:04:09

Speed: 11.22 km/h

Running performance: 5:21 min/km

Rank in course/Total: 32 (of 62)

Rank in course/Women: 32 (of 62)

Best time in course: 47:48

Rank in category: 5(of 7)

Best time in the category: 50:08