



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf  
Erfurt / 30.08.2009

Detailed evaluation

Schmidt, Ivonne

Club: Gotha  
Number: 128

Course: 12.00 km  
Frauenlauf

Category:  
Frauen W20

Total time: 1:08:59

Speed: 10.44 km/h  
Running performance: 5:45 min/km

Rank in course/Total: 48 (of 62)  
Rank in course/Women: 48 (of 62)  
Best time in course: 47:48

Rank in category: 3(of 3)  
Best time in the category: 47:48