



8. Thüringer Frauen-Lauf und 11. Erfurter Volkslauf
Erfurt / 30.08.2009

Detailed evaluation

Weber, Hannelore

Club: TSG Ruhla
Number: 148

Course: 12.00 km
Frauenlauf

Category:
Frauen W60

Total time: 1:09:12

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 49 (of 62)
Rank in course/Women: 49 (of 62)
Best time in course: 47:48

Rank in category: 1(of 1)
Best time in the category: 1:09:12