



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Mehl, Louisa

Club: WSU

Number: 923

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 12:27

Speed: 9.64 km/h

Running performance: 5:25 min/km

Rank in course/Total: 100 (of 283)

Rank in course/Women: 30 (of 146)

Best time in course: 9:24

Rank in category: 11(of 59)

Best time in the category: 10:13