



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Rupe, Inja**

Club: LG Ems Warendorf

Number: 497

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler C

Total time: 11:25

Speed: 10.51 km/h

Running performance: 4:58 min/km

Rank in course/Total: 61 (of 283)

Rank in course/Women: 17 (of 146)

Best time in course: 9:24

Rank in category: 6(of 39)

Best time in the category: 9:24