



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Feidicker, Lukas

Club: LG Ems Warendorf

Number: 481

Course: 2.30 km

Schülerlauf

Category:

männliche Schüler A

Total time: 10:32

Speed: 11.39 km/h

Running performance: 4:35 min/km

Rank in course/Total: 29 (of 283)

Rank in course/Men: 23 (of 137)

Best time in course: 8:43

Rank in category: 6(of 19)

Best time in the category: 8:43