



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Stuppe, Isabell

Club: LG Ems Warendorf

Number: 492

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler B

Total time: 13:22

Speed: 8.98 km/h

Running performance: 5:49 min/km

Rank in course/Total: 137 (of 283)

Rank in course/Women: 46 (of 146)

Best time in course: 9:24

Rank in category: 14(of 38)

Best time in the category: 10:34