



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Schmitz, Lisa

Club: Von-Galen-Schule

Number: 921

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler A

Total time: 14:58

Speed: 8.02 km/h

Running performance: 6:31 min/km

Rank in course/Total: 211 (of 283)

Rank in course/Women: 93 (of 146)

Best time in course: 9:24

Rank in category: 7(of 10)

Best time in the category: 9:48