



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Adler, Jana

Club: Overbergschule

Number: 201

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 13:50

Speed: 8.67 km/h

Running performance: 6:01 min/km

Rank in course/Total: 161 (of 283)

Rank in course/Women: 60 (of 146)

Best time in course: 9:24

Rank in category: 26(of 59)

Best time in the category: 10:13