



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Ediger, Andreas

Club: LG Ems Warendorf

Number: 664

Course: 5.00 km

Jedermannlauf

Category:

Männer M20

Total time: 18:03

Speed: 16.62 km/h

Running performance: 3:37 min/km

Rank in course/Total: 3 (of 75)

Rank in course/Men: 3 (of 52)

Best time in course: 17:51

Rank in category: 2(of 7)

Best time in the category: 17:55