



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Engels, Lilli-Marie

Club: Josefschule

Number: 911

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 10:53

Speed: 11.03 km/h

Running performance: 4:44 min/km

Rank in course/Total: 39 (of 283)

Rank in course/Women: 12 (of 146)

Best time in course: 9:24

Rank in category: 3(of 59)

Best time in the category: 10:13