



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Leifer, Peter

Club: WSU Tri-Team

Number: 666

Course: 5.00 km

Jedermannlauf

Category:

Männer M40

Total time: 19:47

Speed: 15.16 km/h

Running performance: 3:58 min/km

Rank in course/Total: 9 (of 75)

Rank in course/Men: 9 (of 52)

Best time in course: 17:51

Rank in category: 2(of 8)

Best time in the category: 18:29