



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Schuler, Markus

Club: LG Ems Warendorf

Number: 656

Course: 5.00 km

Jedermannlauf

Category:

Männer M35

Total time: 20:03

Speed: 14.96 km/h

Running performance: 4:01 min/km

Rank in course/Total: 10 (of 75)

Rank in course/Men: 10 (of 52)

Best time in course: 17:51

Rank in category: 2(of 9)

Best time in the category: 18:43