



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Dr. Bauer, Hartmut

Club: WSU

Number: 605

Course: 5.00 km

Jedermannlauf

Category:

Männer M65

Total time: 23:03

Speed: 13.02 km/h

Running performance: 4:37 min/km

Rank in course/Total: 20 (of 75)

Rank in course/Men: 19 (of 52)

Best time in course: 17:51

Rank in category: 1(of 2)

Best time in the category: 23:03