



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Mathewson, Mona

Club: Gymnasium Heepen

Number: 677

Course: 5.00 km

Jedermannlauf

Category:

weibliche Jugend B

Total time: 25:41

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 31 (of 75)

Rank in course/Women: 4 (of 23)

Best time in course: 21:50

Rank in category: 2(of 2)

Best time in the category: 25:40