



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Horn, Borris

Total time: 26:31

Number: 675

Speed: 11.31 km/h

Running performance: 5:18 min/km

Course: 5.00 km

Rank in course/Total: 35 (of 75)

Jedermannlauf

Rank in course/Men: 30 (of 52)

Best time in course: 17:51

Category:

Rank in category: 4(of 9)

Männer M35

Best time in the category: 18:43