



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Weinreich, Volker

Club: Bad Iburg

Number: 627

Course: 5.00 km

Jedermannlauf

Category:

Männer M35

Total time: 27:01

Speed: 11.10 km/h

Running performance: 5:24 min/km

Rank in course/Total: 40 (of 75)

Rank in course/Men: 35 (of 52)

Best time in course: 17:51

Rank in category: 6(of 9)

Best time in the category: 18:43