



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Kadner, Denise

Club: DSW´12 Darmstadt

Number: 614

Course: 5.00 km

Jedermannlauf

Category:

Frauen W20

Total time: 27:52

Speed: 10.77 km/h

Running performance: 5:34 min/km

Rank in course/Total: 46 (of 75)

Rank in course/Women: 8 (of 23)

Best time in course: 21:50

Rank in category: 3(of 6)

Best time in the category: 27:09