



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Rotthove, Werner

Club: BSV Ostbevern

Number: 671

Course: 5.00 km

Jedermannlauf

Category:

Männer M50

Total time: 27:52

Speed: 10.77 km/h

Running performance: 5:34 min/km

Rank in course/Total: 47 (of 75)

Rank in course/Men: 39 (of 52)

Best time in course: 17:51

Rank in category: 6(of 7)

Best time in the category: 23:39