



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Eggenhaus, Margret

Club: TUS Hiltrup

Number: 629

Course: 5.00 km

Jedermannlauf

Category:

Frauen W60

Total time: 28:32

Speed: 10.51 km/h

Running performance: 5:43 min/km

Rank in course/Total: 50 (of 75)

Rank in course/Women: 10 (of 23)

Best time in course: 21:50

Rank in category: 1(of 1)

Best time in the category: 28:32