



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Hoppe, Christian

Club: LT Lehmbruch

Number: 611

Course: 5.00 km

Jedermannlauf

Category:

Männer M20

Total time: 28:35

Speed: 10.50 km/h

Running performance: 5:43 min/km

Rank in course/Total: 51 (of 75)

Rank in course/Men: 41 (of 52)

Best time in course: 17:51

Rank in category: 6(of 7)

Best time in the category: 17:55