



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Krass, Dominik

Club: Warendorf

Number: 658

Course: 5.00 km

Jedermannlauf

Category:

Männer M20

Total time: 29:19

Speed: 10.23 km/h

Running performance: 5:52 min/km

Rank in course/Total: 57 (of 75)

Rank in course/Men: 45 (of 52)

Best time in course: 17:51

Rank in category: 7(of 7)

Best time in the category: 17:55