



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Schäfer, Ute

Total time: 30:09

Number: 668

Speed: 9.95 km/h

Running performance: 6:02 min/km

Course: 5.00 km

Rank in course/Total: 60 (of 75)

Jedermannlauf

Rank in course/Women: 13 (of 23)

Best time in course: 21:50

Category:

Rank in category: 1(of 2)

Frauen W35

Best time in the category: 30:09