



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Entrup, Malin

Club: Oelde

Number: 606

Course: 5.00 km

Jedermannlauf

Category:

Frauen W30

Total time: 32:24

Speed: 9.26 km/h

Running performance: 6:29 min/km

Rank in course/Total: 68 (of 75)

Rank in course/Women: 19 (of 23)

Best time in course: 21:50

Rank in category: 2(of 2)

Best time in the category: 26:29