



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Rolf, Juri

Club: Münster

Number: 622

Course: 5.00 km

Jedermannlauf

Category:

Männer M35

Total time: 34:49

Speed: 8.62 km/h

Running performance: 6:58 min/km

Rank in course/Total: 73 (of 75)

Rank in course/Men: 51 (of 52)

Best time in course: 17:51

Rank in category: 9(of 9)

Best time in the category: 18:43