



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Beckmann, Heinz

Total time: 39:23

Number: 676

Speed: 7.62 km/h

Running performance: 7:53 min/km

Course: 5.00 km

Rank in course/Total: 75 (of 75)

Jedermannlauf

Rank in course/Men: 52 (of 52)

Best time in course: 17:51

Category:

Rank in category: 1(of 1)

Männer M70

Best time in the category: 39:23