



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Bergmann, Jens Erik

Club: LC Solbad Ravensberg

Number: 866

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 36:11

Speed: 16.58 km/h

Running performance: 3:37 min/km

Rank in course/Total: 2 (of 167)

Rank in course/Men: 2 (of 127)

Best time in course: 34:12

Rank in category: 1(of 22)

Best time in the category: 36:11