



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Hampel, Marco

Club: LSF Münster

Number: 717

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 38:42

Speed: 15.50 km/h

Running performance: 3:52 min/km

Rank in course/Total: 4 (of 167)

Rank in course/Men: 4 (of 127)

Best time in course: 34:12

Rank in category: 2(of 24)

Best time in the category: 34:12