



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Brinkmann, Werner

Club: SC DJK Everswinkel

Number: 706

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 40:23

Speed: 14.86 km/h

Running performance: 4:02 min/km

Rank in course/Total: 12 (of 167)

Rank in course/Men: 12 (of 127)

Best time in course: 34:12

Rank in category: 1(of 21)

Best time in the category: 40:23