



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Konjuhi, Shkelqesa

Club: Overbergschule

Number: 276

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 14:48

Speed: 8.11 km/h

Running performance: 6:26 min/km

Rank in course/Total: 204 (of 283)

Rank in course/Women: 91 (of 146)

Best time in course: 9:24

Rank in category: 39(of 59)

Best time in the category: 10:13