



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Wesselmann, Bernd

Club: Sassenberg

Number: 752

Course: 10.00 km

Volkslauf

Category:

Männer M20

Total time: 42:40

Speed: 14.06 km/h

Running performance: 4:16 min/km

Rank in course/Total: 21 (of 167)

Rank in course/Men: 19 (of 127)

Best time in course: 34:12

Rank in category: 1(of 12)

Best time in the category: 42:40