



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Werner, Jürgen

Club: TV Bad Schwalbach

Number: 793

Course: 10.00 km

Volkslauf

Category:

Männer M60

Total time: 43:15

Speed: 13.87 km/h

Running performance: 4:19 min/km

Rank in course/Total: 26 (of 167)

Rank in course/Men: 24 (of 127)

Best time in course: 34:12

Rank in category: 1(of 5)

Best time in the category: 43:15