



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Perlewitz, Ralph

Club: Warage

Number: 863

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 45:44

Speed: 13.12 km/h

Running performance: 4:34 min/km

Rank in course/Total: 37 (of 167)

Rank in course/Men: 33 (of 127)

Best time in course: 34:12

Rank in category: 3(of 21)

Best time in the category: 40:23