



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Reinker, Thomas

Club: BSG Münstermann

Number: 803

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 46:02

Speed: 13.03 km/h

Running performance: 4:36 min/km

Rank in course/Total: 39 (of 167)

Rank in course/Men: 35 (of 127)

Best time in course: 34:12

Rank in category: 9(of 22)

Best time in the category: 36:11