



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Roters, Marcel

Club: Tus Germania Horstmar

Number: 742

Course: 10.00 km

Volkslauf

Category:

Männer M20

Total time: 49:26

Speed: 12.14 km/h

Running performance: 4:56 min/km

Rank in course/Total: 64 (of 167)

Rank in course/Men: 58 (of 127)

Best time in course: 34:12

Rank in category: 9(of 12)

Best time in the category: 42:40