



30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

Detailed evaluation

Bergmann, Anton

Club: Warendorf

Number: 853

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 49:39

Speed: 12.08 km/h

Running performance: 4:58 min/km

Rank in course/Total: 66 (of 167)

Rank in course/Men: 60 (of 127)

Best time in course: 34:12

Rank in category: 9(of 21)

Best time in the category: 40:23