



# 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

## Detailed evaluation

**Müller, Beate**

Club: LG Ems Warendorf

Number: 767

Course: 10.00 km

Volkslauf

Category:

Frauen W35

Total time: 53:08

Speed: 11.29 km/h

Running performance: 5:19 min/km

Rank in course/Total: 98 (of 167)

Rank in course/Women: 15 (of 40)

Best time in course: 40:24

Rank in category: 5(of 9)

Best time in the category: 48:17