



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

Hüwe, Doris

Club: Sassenberg

Number: 876

Course: 10.00 km

Volkslauf

Category:

Frauen W35

Total time: 53:55

Speed: 11.13 km/h

Running performance: 5:23 min/km

Rank in course/Total: 111 (of 167)

Rank in course/Women: 18 (of 40)

Best time in course: 40:24

Rank in category: 6(of 9)

Best time in the category: 48:17