



## 30. Warendorfer Emssee Jubiläums-Volkslauf

Warendorf / 05.09.2009

### Detailed evaluation

**Wiedeler, Gabriele**

Club: WSU

Number: 771

Course: 10.00 km

Volkslauf

Category:

Frauen W35

Total time: 53:57

Speed: 11.12 km/h

Running performance: 5:24 min/km

Rank in course/Total: 112 (of 167)

Rank in course/Women: 19 (of 40)

Best time in course: 40:24

Rank in category: 7(of 9)

Best time in the category: 48:17